

JANUARY 2012 SCHEDULE – STUDIO A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00						ZUMBA	
9:15						Aymie	
9:30						DROP IN	
9:45						Now in studio C	
10:00						FAM. YOGA NOW IN STUDIO C	
10:15						TAP 1 4&5	
10:30		SENIORS PILATES	YOGA	PILATES		Aymie	
10:45		Candace A	Heather	Candace A		BALLET – PP1	
11:00		Ongoing	Ongoing	Ongoing		Aymie	BIRTHDAY
11:15		Pre-Register	Pre-Register	Pre-Register		PRIMARY 1&2	PARTY
11:30						Aymie	
11:45							
12:00PM						BALLET 3-4yrs	CALL TO BOOK
12:15						Aymie	YOUR CUSTOM
12:30							BIRTHDAY PARTY
12:45							250-709-4048
1:00		PILATES					
1:15		GROUP MAT					
1:30		Emily					BIRTHDAY
1:45		DROP IN					PARTY
2:00							
2:15							
2:30							CALL TO BOOK
2:45							YOUR CUSTOM
3:00						BIRTHDAY	BIRTHDAY PARTY
3:15						PARTY	250-709-4048
3:30	BALLET – PP1			BALLET	HIP HOP 6&7	3:00 – 5:00	
3:45	Aymie	TAP 2 – 5&6		PRIMARY 1	Brooke		
4:00	JAZZ 1B – 5&6 yrs	Aymie		FULL	HIP HOP 6&7	CALL TO BOOK	
4:15	WAITLIST	TEEN BALLET	BALLET – PP1	BALLET	Brooke	YOUR CUSTOM	
4:30	JAZZ 1A – 4&5yrs	Yr 1&2	Katrina	PRIMARY 2	HIP HOP	BIRTHDAY PARTY	
4:45	WAITLIST	Aymie	BALLET – PP1	Olivia	8 & 9 Yrs	250-709-4048	
5:00	MODERN	12 – 17 yrs	Katrina	BALLET	Brooke		
5:15	Must be in ballet	ZUMBA TONING	BALLET 3&4 Yrs	Gr 1			
5:30	10-15 yrs	Ros	Katrina & Aymie	Olivia	HIP HOP		
5:45	Aymie	Pre-Register	ZUMBA		10-14 yrs		
6:00	PILATES		Aymie	ACTING – 10 -14 y	Brooke	TEEN	
6:15	GROUP MAT	JAZZ 5	DROP IN	Olivia		BIRTHDAY	
6:30	Aymie	14 & up			HIP HOP	PARTY	
6:45	DROP IN	Megan	BALLET		14+		
7:00	YOGA	With experinece	GR 4	BALLET	Brooke		
7:15	Heather		2 nd Class per week	GR 4		CALL TO BOOK	
7:30	DROP IN	ADULT BEGINNER	Candace A	3 rd class per week		YOUR CUSTOM	
7:45		TAP	MODERN	Olivia		BIRTHDAY PARTY	
8:00		Megan	Must be in ballet			250-709-4048	
8:15		Pre-Register	14+	POINTE &			
8:30			Aymie	POINTE PREP			
8:45							



JANUARY SCHEDULE – STUDIO B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDARY
8:00AM							
8:30							
9:00						PILATES	
9:30						(Private/Semi)	
10:00						PILATES	
10:30						(Private/Semi)	
11:00						PILATES	
11:30						(Private/Semi)	
12:00							
1:00		PILATES - GROUP					
1:30		DROP IN					
2:00							
3:00							
4:00							
4:30							
4:45			PILATES - CIRCUIT	PILATES			
5:00			Emily	GROUP MAT			
5:15			Pre-Register	Aymie			
5:30				DROP IN			
5:45							
6:00							
6:15							
6:30							
6:45							
7:00							
7:15							
7:30							
7:45							
8:00							

www.adagestudio.com

Adagé Studio & Performing Arts offers **dance**, **drama**, **movement** and **pilates** classes to children and adults in a fun, yet structured atmosphere. The studio is dedicated to providing a friendly home-like atmosphere in which our performers are encouraged to reach their highest potential. Adagé Studio strives to enrich the students' appreciation of the Fine Arts while raising self-esteem and instilling a life-long love of physical activity. Students of all skill levels are welcome.

(250) 732-4049

info@adagestudio.com

STUDIO OWNERS: Emily Clements & Olivia Boudreau



JANUARY 2012 SCHEDULE – STUDIO C

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30							
9:45				BALLET – 3&4			
10:00				Olivia			
10:15						FAMILY YOGA	
10:30						Heather	
10:45						Drop In	
11:00							BIRTHDAY
11:15							PARTY
11:30							
11:45							
12:00PM		LUNCH ZUMBA		LUNCH ZUMBA			CALL TO BOOK
12:15		12:10 – 12:50		12:10 – 12:50			YOUR CUSTOM
12:30		Aymie		Aymie			BIRTHDAY PARTY
12:45		DROP-IN		DROP-IN			250-709-4048
1:00							
1:15							
1:30							BIRTHDAY
1:45							PARTY
2:00							
2:15							
2:30							CALL TO BOOK
2:45							YOUR CUSTOM
3:00						BIRTHDAY	BIRTHDAY PARTY
3:15						PARTY	250-709-4048
3:30	ACTING	TAP 3 – 7-8yrs				3:00 – 5:00	
3:45	REHEARSAL	Megan					
4:00	TIME					CALL TO BOOK	
4:15		JAZZ 3	M. THEATRE 5&6			YOUR CUSTOM	
4:30	JAZZ 2	9-12 yrs	Also in ballet			BIRTHDAY PARTY	
4:45	6&7 Yrs	Megan	MUSICAL THEATRE	PILATES		250-709-4048	
5:00	Olivia		7-8 Yrs	GROUP MAT			
5:15	BALLET	JAZZ 4	Olivia & Jackie	Aymie			
5:30	Gr 2/3	12- 15 yrs		DROP IN			
5:45	Olivia	Megan	MUSICAL THEATRE	ADULT BALLET			
6:00			9-13 yrs	LEVEL 2		TEEN	
6:15	BALLET		Olivia & Jackie	1.25 Hrs		BIRTHDAY	
6:30	Gr 3	ZUMBA		Candace A		PARTY	
6:45	Olivia	Ros	BELLYFIT	Pre-Register			
7:00		DROP IN	Wilhelmina	ZUMBA			
7:15	BALLET		DROP IN	Ros		CALL TO BOOK	
7:30	Gr 4	YOGA		DROP IN		YOUR CUSTOM	
7:45	Olivia	Heather				BIRTHDAY PARTY	
8:00		Pre-Register				250-709-4048	
8:15							
8:30							
8:45							